

PLEASE GIVE THIS LETTER TO YOUR GP

**DISTRIBUTER IN THE UK:**

Purple Orchid Health Ltd

DRUG TARIFF REFERENCE:

Bladder instillation

PIP CODE:

0377-0880

PRESCRIBING DETAILS:Part IX (England & Wales)
Part III (Scotland & Ireland)**REIMBURSEMENT PRICE:**

£68.00 per unit

PROVISION OF REPEAT PRESCRIPTION FOR (patient name):

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Dear GP

The above-named patient has been taught how to self-catheterise so that they can administer their own bladder instillation, Gepan® instill, at home. They will continue to be monitored and supported by the hospital however if you provide repeat prescriptions (details in the purple band above) it will allow the patient to collect their prescriptions locally, in between the hospital visits, following NICE guidelines (CG138 Patient experience in adult NHS services: improving the experience of care). The frequency of prescriptions will vary according to the individual circumstances; please refer to the letter from the hospital which has been sent to your surgery.

Signature
.....Name
.....Hospital
.....**REASONS FOR PRESCRIBING GEPAN® INSTILL**

- Gepan® instill is a solution of 0.2% chondroitin sulphate which provides a temporary coating on the bladder lining (GAG layer) to prevent irritant substances in urine getting through to the deeper layers where they can cause pain, urgency and frequency. It is a CE-marked Medical Device Class III.
- Gepan® has been clinically proven to be an effective alternative to antibiotics for recurrent UTIs.
- It is the only GAG layer replenishment therapy licensed for four indications: Interstitial Cystitis/Bladder Pain Syndrome), Over-Active Bladder, radiation/chemotherapy-associated cystitis and recurrent UTIs. It is also the only product licenced for patients from age 12.
- The patient's independence and quality of life can be improved by self-instillation so that they are managing their condition themselves at home, with support and reviews from the hospital when required.
- In an independent review of all GAG layer replenishment therapies (Madersbacher, 2013), Gepan® instill was declared the favoured treatment. Gepan has more published clinical data than any other GAG layer replenishment therapy.
- For further information and clinical data see www.gepan-instill.co.uk



www.gepan-instill.co.uk
www.purpleorchidhealth.co.uk
0844 415 2420
info@purpleorchidhealth.co.uk

PATIENT INFORMATION



Dear Patient

You have been prescribed Gepan® instill, which is a treatment for chronic forms of cystitis including Interstitial Cystitis (IC), Bladder Pain Syndrome (BPS), Over-Active Bladder syndrome (OAB) and recurrent UTIs.

Causes of chronic cystitis include:

There can be many triggers for these conditions, including diet, lifestyle, sexual activity, cancer treatments and others. Your health care professional will be able to advise you about what else you may be able to do to help control your symptoms.

Symptoms that you may be experiencing can include:

- Pain in the lower abdomen.
- A strong urge to urinate that you can't suppress, including several times during the night.
- Frequent need to empty your bladder.

Advantages of managing your condition yourself with Gepan® instill include:

- The syringe is pre-filled in a sterile package and is ready to be attached to the catheter of your choice.
- Gepan® is easy to instill through the catheter because the fluid in the syringe is non-viscous. See our easy self-instillation guide at www.gepan-instill.co.uk.
- There are no needles involved, so the syringe and packaging can be discarded in the household refuse.
- Your GP can provide your repeat prescriptions of Gepan® instill, so there's no need for a journey to hospital to collect them.
- Gepan® instill was declared the favoured treatment when one independent expert reviewed all the clinical evidence for this type of therapy.

If you have any comments about Gepan® instill, whether it's positive feedback or criticism, we would like to hear from you. Please use the phone number or email address below to contact us.

Karen Gardiner

Dr Karen Gardiner
Founder of Purple Orchid, UK distributor of Gepan® instill.



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